

Come Follow Me - Doctrine & Covenants 2025
Week 32: August 3-9 ~ Doctrine & Covenants 85-87

Sunday/FHE - song: watch "[Family History Is the Story of Me](#)"

Read Doctrine & Covenants 85:1-2. What did the Lord want to be included in the "history"? Why do you think He wants His Saints to keep a history? Watch "[Turning Hearts](#)" What could you record about your life, faith, and works that might bless future generations? How might keeping a personal history help you come unto Christ?

Monday - You will need some items or instruments to make noise before starting this lesson. Read through the discussion to be prepared. Everyone continue to go about your business, feel free to make noise and continue to move around...but when I say, "stop," everyone needs to stop what they are doing, be still, and most importantly be quiet and listen. Play a favorite church song or play this [instrumental piano violin mix of hymns](#) and after a noticeable amount of time say, "stop." Did you notice what song was playing before I said stop? Whether you did or not, what change came when we all stopped and listened? Read Doctrine & Covenants 85:6. How did Joseph Smith describe the Spirit in the verse? In what sense is the Spirit's voice "still" and "small"? [we hear it best when we are still and the promptings are more like whispers and nudges than shouts and shoves] What other truths about the Spirit do we learn in the following verses? Read Doctrine & Covenants 6:22-24; 8:2-3; 9:7-9; 11:12-13; 128:1 and discuss as you go.

Tuesday - Read Doctrine & Covenants 86:11. How does light bless us? What is it like when we have no light? How can we be a light to other people?

Wednesday - Journals are needed today. Read Matthew 13:24-30, 37-43. We'll now read Doctrine & Covenants 86 which contains an interpretation of the parable we just read and make a chart explaining the symbols and their possible meaning. (you can refer to the chart in the section "The righteous are gathered to Christ in the last days" if needed). Read Doctrine & Covenants 86 and fill out chart as you go. What is your role in being a "light unto the Gentiles" and "a savior unto [the Lord's] people"? (verse 11)

Thursday - Read this intro for this week in the CFM manual. Read Doctrine & Covenants 87. What do you learn about prophecy from this revelation and the way it was fulfilled? What would you say to someone who doubts a prophecy because it is not fulfilled right away?

Friday - Read Doctrine & Covenants 87:8. What counsel did the Lord give in the verse? What makes a place holy? What does it mean to "stand" and "be not moved" from these places? Watch "Standing in Holy Places" and "Stand Ye in Holy Places - Bloom Where You're Planted" and discuss.

Bonus Talks/Reading: "Journals: 'Of Far More Worth than Gold"