

Come Follow Me - Book of Mormon
Week 41: October 6-12 ~ 3 Nephi 17-19

Sunday/FHE - Song recommendation: watch "Behold, Your Little Ones"
Read the intro to this week in the CFM manual. As we read, we'll look for ways He ministered to them. Read 3 Nephi 17; 18:24-25, 28-32. Discuss ways He ministered. What needs did He minister to? What attributes made His ministering effective? Watch "Jesus Christ Has Compassion and Heals the People" How can we better minister after learning from his example?

Monday - Print this week's activity for each child that wants to do it. This is found in the CFM manual at the end of this week's section. Read and discuss the first paragraph of the section "I can be filled with the Spirit as I take the sacrament" in the CFM manual. (You will do more of the section tomorrow) Do this week's activity if you choose.

Tuesday - Read the second paragraph of the section "I can be filled with the Spirit as I take the sacrament" in the CFM manual and refer to President Eyring's message to discuss. Watch "Jesus Christ Introduces the Sacrament" Why do you think we took 2 days this week to cover sacrament? How important must this be?

Wednesday - Print the rocks page below or find 5 rocks that you can turn into prayer rocks during today's discussion. Write one scripture on the back of each rock: 3 Nephi 18:15; 3 Nephi 18:20; 3 Nephi 18:21; 3 Nephi 19:9; 3 Nephi 19:23.
Have a kid choose a rock, flip it over, look up the scripture mentioned and read it. Do this with each rock. What do we learn about prayer from each of those scriptures? Now we're going to decorate the front of each rock and stick near our beds as a reminder to say our prayers each morning and night. (You might also choose to print extras so you can hang them around a couple different places)

Thursday - What do your prayers teach you about your deepest desires? After spending a day in the presence of the Savior, the multitude "did pray for that which they most desired"—the gift of the Holy Ghost. Why is the gift of the Holy Ghost so desirable? Read 3 Nephi 18:36-37; 19:6-22. How can you earnestly seek for that companionship? Suppose you had a friend who knew nothing about Jesus Christ except that you are one of His followers. What would your friend conclude about Him, based on your actions? Read 3 Nephi 18:22-25. What does it mean to "hold up your light"? How can having the companionship of the Holy Ghost help?

Friday - Watch "Jesus Christ Prayers and Angels Minister to the Children" What did you feel as you watched? Why do you think He has them kneel when they pray? Why are children so important to His work and ministering? Did you notice the faces of the Savior & angels? Love and joy radiated from them as they were with the children. Imagine for a moment how many people/angels love YOU and are cheering YOU on...on BOTH sides of the veil!

Bonus Talk(s): Jeffrey R. Holland, "Behold the Lamb of God"

