

Come Follow Me - Book of Mormon
Week 39: September 22-28 ~ 3 Nephi 8-11

Sunday/FHE - Song recommendation: This Is My Beloved Son

Print this week's activity for each child that wants to do it. This is found in the CFM manual at the end of this week's section. How do you know when God is speaking to you? Read 3 Nephi 11:1-8. Note that they didn't understand the voice right away. What can we learn from this? (It takes time and practice to hear Him) Read 1 Kings 19:11-12; Galatians 5:22-23; Alma 32:27-28, 35; Helaman 10:2-4; Ether 4:11-12; Doctrine & Covenants 9:7-9; 11:11-14 and look for guidelines for recognizing revelation. Consider writing answers in journals or on whiteboard. Watch the first presidencies "Hear Him!" Videos as your younger kids do this week's activity.

Monday - Read 3 Nephi 8:22. Imagine that type of darkness for THREE days! What would that be like? Read 3 Nephi 9:18-22. Now after the extreme darkness they are told they don't have to make animal sacrifices because why? (He has now paid the ultimate sacrifice) What does He want us to do now? (See vs 20-22). What will we receive? (His light. Eternal happiness)

Tuesday - Watch "Jesus Christ Appears at the Temple" and discuss their thoughts.

Wednesday - Read 3 Nephi 11:8-17. About 2,500 people were gathered at the temple in Bountiful when Jesus Christ appeared. (See 3 Nephi 17:25) Despite this large number, the Savior invited them each "one by one" to feel the nail prints in His hands and feet. Why do you think He wanted them to go "one by one"? (They could each receive their own testimony. He cares for each of us individually) In what ways does the Savior invite you to "arise and come forth unto" Him? (3 Nephi 11:14)

Thursday - Read 3 Nephi 9:13-22; 10:1-6. What in those verses helps you feel His love & mercy? How does the visual in 3 Nephi 10:4 make you feel about Christ? Discuss. Elder Neil L. Andersen remarked, "I testify that the Savior is able and eager to forgive our sins." I want to add to that that I too testify that He IS eager to forgive and He will continue to gather us as oft as needed due to our wandering, but we are happiest when we do not wander. It is helpful to avoid wandering when we use each Sunday as a way to re-center and find our way back to Him....weekly! And perhaps the best news of all is that we don't have to wait until Sundays to repent and start fresh!

Friday - Read 3 Nephi 9:19-22 and then do the section "The Lord requires a 'broken heart and a contrite spirit'" in the CFM manual.

Bonus Talk(s): Sharon Eubank, "Christ: The Light That Shines in Darkness"
Elder Neil L. Andersen, "Repent...That I May Heal You"