

Come Follow Me - Book of Mormon  
Week 27: June 30 - July 6 ~ Alma 17-22

Sunday/FHE - Song recommendation: I Will Follow God's Plan for Me. Read this week's introduction in the CFM manual. Show the pictures on the last page. What are each of these instruments/tools used for? What sounds do they produce? Why do we use them for? Read Alma 17:11. What does it mean to be Heavenly Father's instruments to help people learn about Jesus Christ? Let them answer. We all have different strengths and talents; when we put our trust in Heavenly Father, we become an instrument he can use as he best sees fit to help one another and bring one another closer to Christ. How can we show Heavenly Father we trust him and become instruments for him? Discuss.

Monday - Read Alma 17:2-3. What did the sons of Mosiah do to build their spiritual strength? Let them answer. What are things YOU can then do to build your spiritual strength and gain a stronger testimony of the Savior? You may want to encourage them to go deeper than just "read my scriptures," but discuss ways they could really dig deeper in their study. Or not just "fast," but what could they fast for specifically?

Tuesday - [Print this week's activity page from the CFM manual by clicking on the link attached to the "Week 26" above and scroll to the bottom of the page.](#) Read Alma 18:24-40. What are some of the truths Ammon taught King Lamoni in those verses? Discuss. Play this week's activity.

Wednesday - Watch "Ammon Defends the King's Flocks" Ammon saw an opportunity to serve as a way to draw closer to people who had doubts about him. Do you know what that service led to? (Ammon teaching King Lamoni) We'll learn more about how that went tomorrow, but for today I just want to point out that service leads to opportunities. That is why we are so frequently told to serve. The more we serve, the more we genuinely care about others and that leads us to opportunities to not only teach them about Christ, but to SHOW them how Christ would treat them.

Thursday - Watch "Ammon Teaches King Lamoni About the Gospel of Jesus Christ" Did you notice the waiting/pause the King gave at the beginning and that Ammon answers without the King ever speaking? That is what we call a spiritual gift! So Ammon tells the queen that the king will wake up the next morning and she has the faith to believe him and Ammon praises her faith by saying, "there has not been such great faith among the Nephites". Watch "King Lamoni & His Household Are Converted". And all those converted came from Ammon choosing to serve King Lamoni!

Friday - Ammon heads to Middoni to help release his imprisoned brethren and Lamoni goes with him. They come across Lamoni's father who is the king over all the land. Lamoni's father is angry that his son is with Ammon and he instructs him to kill Ammon, but Lamoni refuses. Read Alma 20:16. He was so angry he was willing to kill his own son! Luckily Ammon steps in. Read Alma 20:17-27. Because Ammon did not abuse his power and because Lamoni was willing to stand up to his father, it made Lamoni's father reconsider and be open to hearing about the gospel. Lamoni's father went from being willing to kill his son to being willing to give up half of the kingdom (v. 23) in order to learn more about the gospel and be saved. What are you willing to sacrifice in order to know God more fully?

Bonus Talk: no bonus talks this week

