

Come Follow Me - Book of Mormon
Week 20: May 12-18 ~ Mosiah 11-17

Sunday/FHE - Song recommendation: Keep the Commandments **You may want to cut out a heart for each child, or make sure everyone has their CFM journals for the lesson so they can draw a large heart in there.** Read this week's introduction in the CFM manual. **King Noah's priests knew the commandments but did not have them "written in [their] hearts"** (Mosiah 13:11) Read Mosiah 12:33-36; 13:11-24. Hand out hearts you cut out earlier, or have the kids draw a large heart on one of their pages in their journal. **In the heart, write a commandment and then how it can relate today. For example, "no false idols: don't prioritize things for the world."** If you are still doing the service jars from a couple weeks ago, check in and see how everyone is doing and if they notice any changes since looking for more opportunities to serve those around you.

Monday - Read Mosiah 14:5-6. **How would these verses inspire you to find Him again if you had gone astray?**

Tuesday - **How would you describe Noah and his people? Discuss. Why would it require courage for Abinadi to share God's message with them? Discuss. When have you felt like you were standing alone in defense of the Savior and His gospel? How did He help you feel He was with you? Watch "Dare to Stand Alone" and discuss.**

Wednesday - Read Mosiah 15:1-12 and then read and discuss the section, "How is Jesus Christ both the Father and the Son?" In the CFM manual.

Thursday - **Print this week's activity in the CFM manual. This is the only thing planned for today.**

Friday - Watch "Abinadi Testifies of Jesus Christ" and discuss.

Bonus Talk: No bonus talks for this week