

Come Follow Me - Book of Mormon
Week 12: March 17-23 ~ 2 Nephi 31-33

Sunday/FHE - Song recommendation: Press Forward Saints [Print pages below of Jesus and stepping stones. You may want them cut out already too. While you're printing you can print the activity for this week as well although it will be used a different day.](#) Read the introduction to this week's lesson plan in the CFM manual. Hand each person one of the pics of Jesus to glue/tape in their journal. [We're going to make a pathway to Jesus of some of the principles or steps you find in this chapter.](#) Read 2 Nephi 31 and fill in the steps as you go; once you are done reading, glue in your steps to make a pathway to Jesus. [Throughout the week if there are additional things you think of you can add additional stepping stones...we can just draw in stones between what we just pasted if needed.](#)

Monday - Read the summarized version of "[Lifelong Conversion](#)" by Elder Dale G. Renlund and discuss. If you have time, you can listen to the entire devotional [HERE](#).

Tuesday - [If you haven't already done so, print this week's activity from the CFM manual using the link at the top of the page.](#) Act out for me what it looks like to snack on something, What does it look like to feast on something? Read 2 Nephi 32:3. What does feasting on the words of Christ look like/mean to you? Discuss. [As you ponder Nephi's counsel, think about how you study the Savior's words. Would you describe it as snacking, eating, or feasting? Discuss. There are many ways to feast on eat words of Christ, including praying for inspiration, asking questions and before and during study, defining words, pondering, cross-referencing, taking notes, looking for gospel truths, and applying the scriptures to your life. What are some things you plan on implementing more so that you are "feasting" on the words of Christ? Do this week's activity provided in the CFM manual.](#)

Wednesday - Read 2 Nephi 32:4-5, 8-9 [In your journal, make a list of decisions or situations \(now and in the future\) in which you need God's guidance. What did you learn from what we just read that will help you succeed in receiving inspiration from Him? Discuss. How do you invite the Holy Ghost to be a constant companion in your life, rather than an occasional visitor? Read David A. Bednar's three suggestions to make the companionship of the Holy Ghost an "ongoing reality" in "Receive the Holy Ghost."](#) You can read or listen to the whole talk or start reading where it says "Sincerely Desire" and read through "Faithfully Obey."

Thursday - watch Daily Bread: Pattern Why are the small daily routines so important? Discuss. One daily thing that keeps us close to Him is prayer. Read 2 Nephi 32: 8-9 again. Why do you think Satan doesn't want us to pray? Discuss. Why does God want us to "pray always"? In your journal, make a list, or draw pictures, of situations in which you could pray. Watch "Did You Think to Pray" by the children's choir

Friday - Read the section "The Book of Book of Mormon persuades us all to believe in Christ." Watch "Nephi Records His Final Testimony" and answer the questions asked in the section.

Bonus Talk: no bonus talks this week



