

Come Follow Me - Book of Mormon  
Week 1: Dec. 31-Jan. 6 ~  
Introductory Pages of the Book of Mormon

Sunday/FHE - [Print study guides for the year.](#) The [Come Follow Me](#) manual has one at the end of the lesson or there are additional options [HERE](#). Read the introduction for this week in the CFM manual. Read the Introduction of the Book of Mormon. [Why do we have the Book of Mormon?](#) [How can we invite the Spirit into our study this year?](#) In your journal, write any goals you are setting for this year's CFM study as well as your personal study.

Monday - Watch [The Keystone of Our Religion](#) [Why do you think the Book of Mormon is so important for us in these latter days?](#) [What are the other parts of the structure in the video \(see still shot below\) & why are they key pillars of our religion?](#)



Tuesday - [Print the pictures on page 3 of this document and cut them out.](#) You could also [collect some items for them to describe the way they feel such as a scarf, rock, etc.](#) Pass out the pictures you previously cut out and tell them to not show anyone their picture. You may want to just have a pile even and one by one have people go up and choose one picture. Take turns looking at your picture and describing it to everyone in detail. Show your picture after. [Now that everyone is done describing their pictures lets talk about why we just did that activity.](#) [When we are a witness of Christ, or the Book of Mormon, we see something of value and share it with others so that they too can see it/know it.](#) [Of course, to truly know for themselves what it looks like/feels like they have to see or experience it themselves.](#) [By bearing witness of what you know to be true, you are giving an opportunity for them to experience the confirmation you have received for themselves.](#) Read The Testimony of Three Witnesses and The Testimony of Eight Witnesses.

Wednesday - Watch "What Is the Book of Mormon? A 60 Second Overview" and "A Book of Mormon Story" and discuss.

Thursday - Read the section "The coming forth of the Book of Mormon was a miracle" in the CFM manual. Then read The Testimony of the Prophet Joseph Smith.

Friday - Watch "Book of Mormon Introduction" by Elder Jeffrey R. Holland. Bear your testimony of The Book of Mormon.



